

# 2023-2024 TTC Catalog

## CUL 186 Mediterranean Cuisine

Lec: 2.0 Lab: 3.0 Credit: 3.0

This course is the study of the cuisine of the Mediterranean and the Mediterranean Dietary Pyramid, including Spain, France, Italy, Middle East and North Africa. Emphasis is on the culture, cooking methods, food products and beverages of the various countries.

### **Prerequisite**

CUL 118

### **Course Offered**

Fall

### **Grade Type**

Letter Grade

### **Division**

Culinary Institute of Charleston